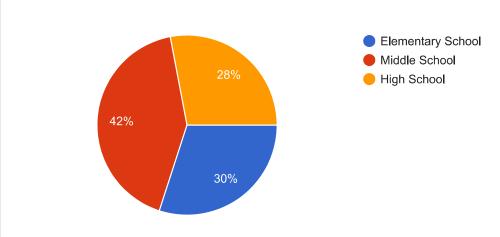
Wellness Survey 2018

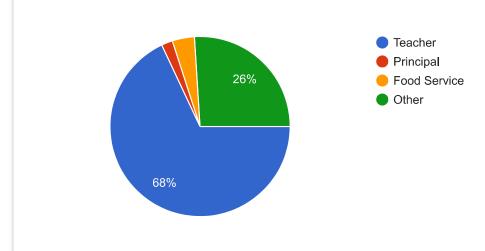
50 responses

Please select the building in which you work.

50 responses



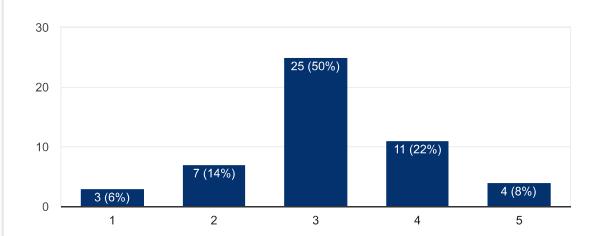
Please indicate your position at RULH.



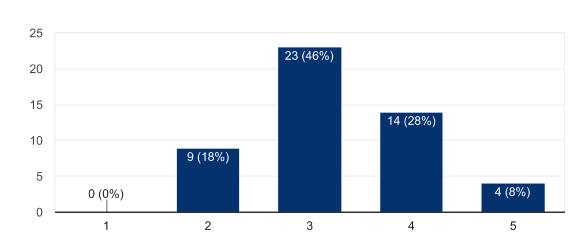
In my district or building...

Teachers and parents provide healthy choices for snacks and celebrations and limit unhealthy choices.

50 responses

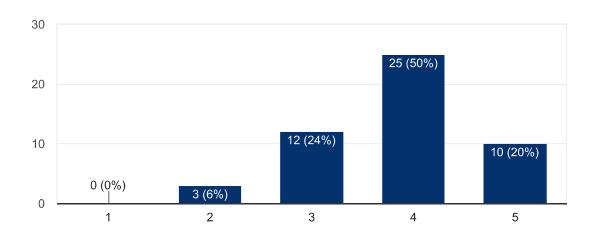


Teachers and parents provide water and low fat milk and limit or eliminate sugary beverages

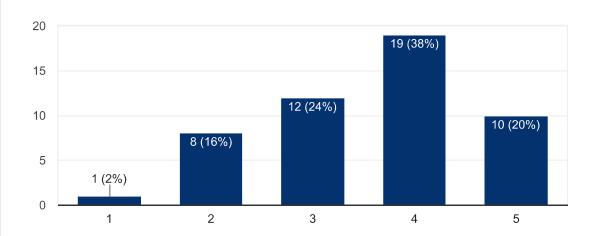


Teachers and principals provide non-food rewards.

50 responses

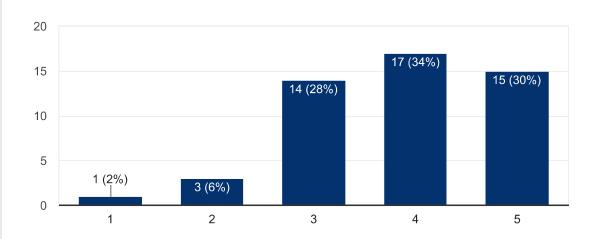


All schools will provide tools and information to promote health and wellness education to families.



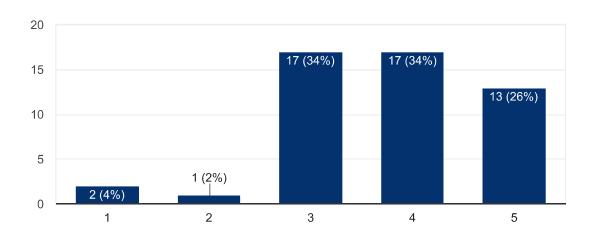
Provide opportunities for children to get physical activity every day.

50 responses

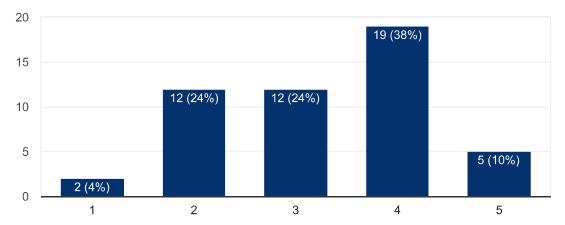


The school demonstrates a commitment to neither deny nor require physical activity as a means of punishment.

50 responses

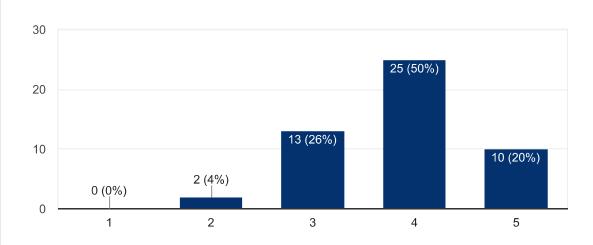


All schools will provide activities that promote staff wellness.



Students are supported and encouraged to make healthy decisions.

50 responses

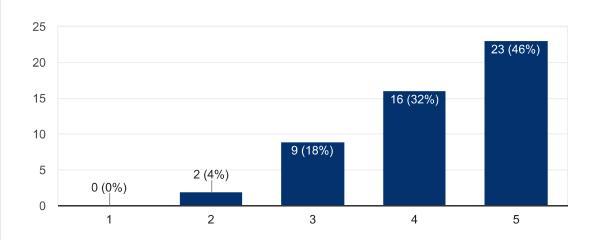


All schools participate in federal school meal programs.



All schools provide nutrition and physical education to foster lifelong habits of healthy eating and physical activity.

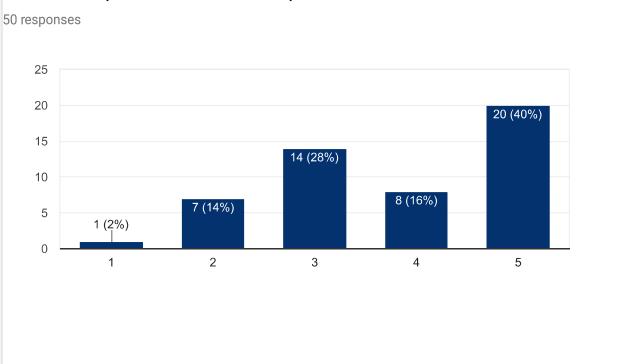
50 responses



Lunchtime is scheduled so students have time to eat in a stress-free setting.



All schools provide classes that promote nutrition and health education.



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